

COURSE HANDICAP™ TABLE

Heaton Moor Golf Club

Course Rating 68.4

Men's Yellow (from 12 May 2026)

Par 70 Slope 125

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.5	+7	28.2 to 29.0	30
+4.4 to +3.6	+6	29.1 to 29.9	31
+3.5 to +2.7	+5	30.0 to 30.8	32
+2.6 to +1.8	+4	30.9 to 31.7	33
+1.7 to +0.9	+3	31.8 to 32.6	34
+0.8 to 0.0	+2	32.7 to 33.5	35
0.1 to 0.9	+1	33.6 to 34.4	36
1.0 to 1.8	0	34.5 to 35.3	37
1.9 to 2.8	1	35.4 to 36.2	38
2.9 to 3.7	2	36.3 to 37.1	39
3.8 to 4.6	3	37.2 to 38.0	40
4.7 to 5.5	4	38.1 to 38.9	41
5.6 to 6.4	5	39.0 to 39.8	42
6.5 to 7.3	6	39.9 to 40.7	43
7.4 to 8.2	7	40.8 to 41.6	44
8.3 to 9.1	8	41.7 to 42.5	45
9.2 to 10.0	9	42.6 to 43.4	46
10.1 to 10.9	10	43.5 to 44.3	47
11.0 to 11.8	11	44.4 to 45.2	48
11.9 to 12.7	12	45.3 to 46.1	49
12.8 to 13.6	13	46.2 to 47.0	50
13.7 to 14.5	14	47.1 to 48.0	51
14.6 to 15.4	15	48.1 to 48.9	52
15.5 to 16.3	16	49.0 to 49.8	53
16.4 to 17.2	17	49.9 to 50.7	54
17.3 to 18.1	18	50.8 to 51.6	55
18.2 to 19.0	19	51.7 to 52.5	56
19.1 to 19.9	20	52.6 to 53.4	57
20.0 to 20.8	21	53.5 to 54.0	58
20.9 to 21.7	22		
21.8 to 22.6	23		
22.7 to 23.5	24		
23.6 to 24.4	25		
24.5 to 25.4	26		
25.5 to 26.3	27		
26.4 to 27.2	28		
27.3 to 28.1	29		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.
Play with the Course Handicap™ in the right column which correspond with that range.
Please make sure the tees you are playing correspond with the tees this table applies to.